White Yams Sweet Potato

Ipomoea batatas 'White Yams'



White Yams Sweet Potato fruit and flesh
Photo courtesy of NetPS Plant Finder

Height: 24 inches

Spread: 4 feet

Spacing: 12 inches

Sunlight: ○

Hardiness Zone: (annual)

Other Names: Garnet Red Yam, Garnet Red Sweet Potato

Description:

A wonderful, well loved variety producing large, elongated tubers that are copper skinned with striking white interiors; dry, flaky flesh with an sweet, nutty flavor; a great choice for frying, roasting or mashing

Edible Qualities

White Yams Sweet Potato is an annual vegetable plant that is typically grown for its edible qualities. It produces large brick red oblong tubers with white flesh which are typically harvested when mature. The tubers have a mild taste and a firm texture.

The tubers are most often used in the following ways:

- Eating When Cooked/Prepared
- Cooking
- Baking

Planting & Growing

White Yams Sweet Potato will grow to be about 24 inches tall at maturity, with a spread of 4 feet. When planted in rows, individual plants should be spaced approximately 12 inches apart. This vegetable plant is an annual, which means that it will grow for one season in your garden and then die after producing a crop.

This plant is typically grown in a designated vegetable garden. It should only be grown in full sunlight. It does best in average to evenly moist conditions, but will not tolerate standing water. It may require supplemental watering during periods of drought or extended heat. This plant should not require much in the way of fertilizing once established, although it may appreciate a shot of general-purpose fertilizer from time to time early in the growing season. It is not particular as to soil pH, but grows best in rich soils. It is somewhat tolerant of urban pollution. This is a selected variety of a species not originally from North America.