# Parrot Heliconia

***Heliconia psittacorum***



*Parrot Heliconia flowers*
*Photo courtesy of NetPS Plant Finder*

Height: 6 feet

Spread: 3 feet

Sunlight: ○ ◐

Hardiness Zone: 10a

Other Names: Parrot's Flower, Parakeet Flower

**Description:**

A beautiful, unusual accent plant, ideal for beds and patio containers; featuring large, sea-green oblong leaves that give backing to stunning blooms with slender scarlet bracts and golden-yellow flowers; a stunning addition to create a tropical landscape

**Planting & Growing**

This plant is native to the tropics and prefers growing in moist environments with evenly warm conditions all year round. In our climate, it is usually grown as an outdoor annual in the garden or in a container. If you want it to survive the winter, it can be brought in to the house and provided with special care, and then returned to the garden the following season. In its preferred tropical habitat, it can grow to be around 5 feet tall at maturity, with a spread of 3 feet. However, when grown as an annual or when overwintered indoors, it can be expected to perform differently, and its exact height and spread will depend on many factors; you may wish to consult with our experts as to how it might perform in your specific application and growing conditions.

This plant does best in full sun to partial shade. It does best in average to evenly moist conditions, but will not tolerate standing water. It may require supplemental watering during periods of drought or extended heat. This plant is a heavy feeder that requires frequent fertilizing throughout the growing season to perform at its best. It is not particular as to soil type or pH. It is quite intolerant of urban pollution, therefore inner city or urban streetside plantings are best avoided, and will benefit from being planted in a relatively sheltered location. Consider applying a thick mulch around the root zone in winter to protect it in exposed locations or colder microclimates. This species is not originally from North America. It can be propagated by division.

Parrot Heliconia is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. With its upright habit of growth, it is best suited for use as a 'thriller' in the 'spiller-thriller-filler' container combination; plant it near the center of the pot, surrounded by smaller plants and those that spill over the edges. It is even sizeable enough that it can be grown alone in a suitable container. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.