Red Salad Bowl Lettuce

Lactuca sativa var. crispa 'Red Salad Bowl'



Red Salad Bowl Lettuce
Photo courtesy of NetPS Plant Finder

Height: 12 inches

Spread: 6 inches

Spacing: 10 inches

Sunlight: ○ ◐

Hardiness Zone: (annual)

Other Names: Red Leaf Lettuce

Description:

Slow to bolt, this vigorous growing variety features large rosettes of deeply indented burgundy and green leaves; harvest early for a tender and mild flavor that is perfect in salads and sandwiches; wonderful in patio containers, window boxes and gardens

Edible Qualities

Red Salad Bowl Lettuce is an annual vegetable plant that is commonly grown for its edible qualities. The deeply cut lobed green leaves with showy burgundy variegation are usually harvested from mid spring to early fall. The leaves have a mild taste and a soft texture.

The leaves are most often used in the following ways:

- Fresh Eating
- Eating When Cooked/Prepared

Planting & Growing

Red Salad Bowl Lettuce will grow to be about 12 inches tall at maturity, with a spread of 6 inches. When planted in rows, individual plants should be spaced approximately 10 inches apart. This vegetable plant is an annual, which means that it will grow for one season in your garden and then die after producing a crop. Because of its relatively short time to maturity, it lends itself to a series of successive plantings each staggered by a week or two; this will prolong the effective harvest period.

This plant is typically grown in a designated vegetable garden. It does best in full sun to partial shade. It does best in average conditions that are neither too wet nor too dry, and is very intolerant of standing water. It may require supplemental watering during periods of drought or extended heat. It is not particular as to soil pH, but grows best in rich soils. It is quite intolerant of urban pollution, therefore inner city or urban streetside plantings are best avoided. This is a selected variety of a species not originally from North America, and it is considered by many to be an heirloom variety.; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Red Salad Bowl Lettuce is a good choice for the vegetable garden, but it is also well-suited for use in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing a canvas of foliage against which the larger thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.