



## Green Wave Mustard

*Brassica juncea 'Green Wave'*

Height: 24 inches

Spread: 12 inches

Spacing: 6 inches

Sunlight:

Hardiness Zone: (annual)

### Description:

This high yielding variety produces beautiful, large frilly green leaves; stays tender longer than some selections; young leaves add a spicy flavor to salads; cooked leaves, stir fried or sauteed, have a more mellow flavor; heat tolerant; longer to bolt

### Edible Qualities

Green Wave Mustard is an annual vegetable plant that is commonly grown for its edible qualities. The crinkled oval green leaves are usually harvested from late spring to late summer. The leaves have a spicy taste.

The leaves are most often used in the following ways:

- Fresh Eating
- Eating When Cooked/Prepared
- Cooking

### Planting & Growing

Green Wave Mustard will grow to be about 24 inches tall at maturity, with a spread of 12 inches. When planted in rows, individual plants should be spaced approximately 6 inches apart. This fast-growing vegetable plant is an annual, which means that it will grow for one season in your garden and then die after producing a crop. Because of its relatively short time to maturity, it lends itself to a series of successive plantings each staggered by a week or two; this will prolong the effective harvest period.

This plant is typically grown in a designated vegetable garden. It does best in full sun to partial shade. It does best in average to evenly moist conditions, but will not tolerate standing water. It may require supplemental watering during periods of drought or extended heat. It is not particular as to soil pH, but grows best in rich soils. It is somewhat tolerant of urban pollution. This is a selected variety of a species not originally from North America, and it is considered by many to be an heirloom variety.



*Green Wave Mustard*  
Photo courtesy of NetPS Plant Finder



Green Wave Mustard is a good choice for the vegetable garden, but it is also well-suited for use in outdoor pots and containers. With its upright habit of growth, it is best suited for use as a 'thriller' in the 'spiller-thriller-filler' container combination; plant it near the center of the pot, surrounded by smaller plants and those that spill over the edges. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.